

# SEMEN COLLECTION INSTRUCTIONS

## OBTAINING THE SPECIMEN:

1. You should not have sexual activity for at least 3 days before collecting a semen specimen. This includes ejaculation by any means.
2. The specimen is to be collected by masturbation. No lubricant, including saliva, may be used.
3. The entire ejaculation must be collected in a clean screw-cap container. Collection containers are available at Wisconsin Diagnostic Laboratories. There must be no residue of possible spermicidal materials (soap or detergent, for example) in or on the interior surface of the container.
4. Label the container with your **full name, date of birth, and date/time of collection.**
5. The specimen may be collected at home and brought to the main laboratory, but must arrive within the times listed below, based on the testing that will be done.

## BRINGING THE SPECIMEN TO THE LABORATORY:

1. Keep the specimen at body temperature, in a pocket close to your body for example, during transport. Failure to keep the specimen at body temperature may cause inaccurate results.
  - A. **Infertility testing:** bring the specimen to the laboratory immediately, within **one (1) hour** after collection, Monday through Friday 7:00 a.m. to 1:30 p.m. **No holidays.**
  - B. **Post vasectomy testing** sample must be delivered to the laboratory within 24 hours from time of collection and are accepted 24 hours per day, 7 days per week.

## DIRECTIONS TO WISCONSIN DIAGNOSTIC LABORATORIES:

### From Watertown Plank Road:

- Turn south on 87th Street.
- You will come to a stop sign at East Connell Court. Continue straight on East Connell Court.
- Turn left toward the Children's Hospital of Wisconsin Emergency and Wisconsin Diagnostic Laboratories joint parking lot.
- Convenient parking along the wall of the WDL building.
- Go up the stairs and enter through door 21.

### From Wisconsin Avenue:

- Turn north on 87th Street.
- Turn left on East Connell Court.
- Turn left toward the Children's Hospital of Wisconsin Emergency and Wisconsin Diagnostic Laboratories joint parking lot.
- Convenient parking is along the wall of the WDL building.
- Go up the stairs and enter through door 21.

## SPECIMEN INFORMATION:

Patient name: _____	
Date of collection: _____	Time of collection: _____
Reason for semen analysis ( <i>check one</i> ):	<input type="checkbox"/> Infertility <input type="checkbox"/> Post Vasectomy      Date of surgery: _____
Collected by masturbation? <input type="checkbox"/> Yes <input type="checkbox"/> No	Complete specimen (ejaculate) delivered? <input type="checkbox"/> Yes <input type="checkbox"/> No
Type of container: _____	
If specimen was transported here, was it kept close to the patient's body? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Comments/problems: _____	
Questionnaire completed by: _____	
Date received in laboratory: _____	Time received in laboratory: _____
Received by: _____	